# DREAMING +

### SLEEP SUPPORT

#### WHAT IS IT?

Do you have trouble falling asleep or getting a full night's rest? NVU Dreaming +™ is a special blend of GV (GABA and Valerian Root) to help you get a natural, restful sleep without feeling groggy the next day. When used approximately 30 minutes before bedtime, this spray will reset your biological clock and support healthy long-term sleep patterns.

#### **KEY INGREDIENTS**

 <u>GABA</u> - A natural relaxant for the body and brain that brings out good feelings and can also help prevent and treat other health conditions.

**SEANING** 

 <u>Valerian Root Powder</u> - An herbal remedy shown to improve sleep, reduce insomnia and improve stress related symptoms.



#### DID YOU KNOW?

The blend of soothing herbs such as Valerian Root and GABA, work with your body to promote good sleep, rest and relaxation. Using spray technology, it is easily and gently digested and 93% effective in absorption. This spray enables your body to powerfully promote good sleep faster than other methods. Alternatively, pills and capsules are shown to have an estimated 15% and 25% absorption rate.



#### HOW TO USE IT?

- 1. Shake well before each use.
- 2. Spray directly into the mouth and hold 5 seconds before swallowing.
- 3. Take 1 serving (8 sprays) daily.

Serving Size	8 sprays
Sprays Per Package	240
Serving Per Container	30

## DISCOVER POWERFUL REST AND RELAXATION WITH DREAMING

#### www.nvisionu.com