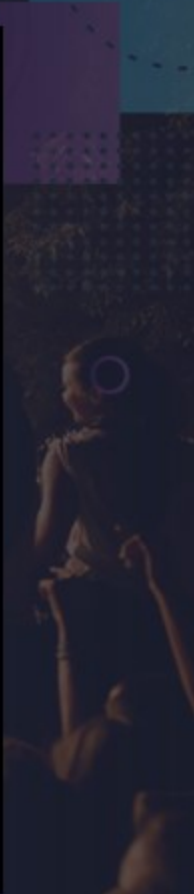




AQAVE  
CONVENTION 2023

ORLANDO | FLORIDA





# THE MEDICINAL BENEFITS OF ALIVE

WITH DR. DARREN NAUGLES

# FEEL ALIVE

WITH THE NVU JUICE



# WHAT'S IN THE nvisionu<sup>®</sup> JUICE

APPLE CINNAMON

ALOE VERA LEAF GEL

SPIRULINA & CHLORELLA

CINNAMON BARK EXTRACT

RASPBERRY KETONE

GREEN TEA EXTRACT

GINGER ROOT

VITAMIN B12

CRANBERRY EXTRACT

MACA ROOT





## BENEFITS: APPLE CINNAMON

Cinnamon contains chemical compounds known as cinnamaldehyde and cinnamic acid. These compounds have been associated with reducing joint pain. Research has shown some promising results with cinnamon supplementation in reducing inflammation and oxidative stress.



## BENEFITS:

# APPLE CINNAMON BARK EXTRACT

### WHAT ARE THE MEDICINAL BENEFITS OF CINNAMON BARK EXTRACT?

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**BENEFITS:**

## **ALOE VERA LEAF GEL**

**WHAT ARE THE MEDICINAL BENEFITS OF ALOE VERA LEAF GEL?**

Aloe vera juice is known to help to detoxify the body and cleanse the colon. The detoxification properties of the juice also work to detoxify the blood stream.

**WHAT HAPPENS TO YOUR BODY WHEN YOU DRINK ALOE VERA EVERYDAY?**

Aloe vera juice is a rich source of antioxidants, which help fight free radicals. This lowers oxidative stress on your body and reduces the risk of chronic conditions such as diabetes, heart disease, and cancer. Aloe vera juice is also an excellent source of: Vitamin C.







## BENEFITS: SPIRULINA & CHLORELLA

WHAT ARE THE MEDICINAL BENEFITS OF SPIRULINA & CHLORELLA TAKEN TOGETHER?

Spirulina and chlorella are excellent antioxidants that can also improve heart health and help maintain healthy blood sugar and blood pressure levels. Studies have found that both supplements promote immune system functioning and increase the white cell count in the blood.

WHAT ARE THE MEDICINAL BENEFITS OF CHLORELLA?

The antioxidants and other nutrients in chlorella have shown anti-bacterial, anti-viral, and anti-tumor properties. In clinical studies, chlorella increased white blood cell levels, which can stimulate your immune system and help fight infection





## BENEFITS: RASBERRY KETONES

WHAT ARE THE MEDICINAL BENEFITS OF RASBERRY KETONES?

Raspberry ketones are beneficial for helping with weight loss. Raspberry ketones reportedly work by helping break down the fat in cells, helping the body to burn fat faster overall. It's also believed that they can boost levels of the hormone, adiponectin, which helps regulate metabolism and balances out blood sugar levels





## BENEFITS: GREEN TEA EXTRACT

WHAT ARE THE MEDICINAL BENEFITS OF GREEN TEA EXTRACT?

Many studies have shown that green tea extract can promote weight loss, blood sugar regulation, disease prevention, and exercise recovery. It can also help keep your skin and liver healthy, reduce blood fat levels, regulate blood pressure, and improve brain health.





## BENEFITS: GINGER ROOT

WHAT ARE THE MEDICINAL BENEFITS OF GINGER ROOT?

Ginger Root increases serotonin and dopamine levels. This can reduce inflammation, which may cause depression. Ginger could also provide benefits for anxiety, depression, dementia, Alzheimer's disease and post-traumatic stress disorder. Ease stomach pains: Ginger can treat nausea and motion sickness.



## BENEFITS: VITAMIN B12

WHAT ARE THE MEDICINAL BENEFITS  
OF VITAMIN B-12?

Vitamin B12 is a nutrient that helps keep your body's blood and nerve cells healthy and helps make DNA, the genetic material in all of your cells. Vitamin B12 also helps prevent megaloblastic anemia, a blood condition that makes people tired and weak.



## BENEFITS: CRANBERRY EXTRACT

WHAT ARE THE MEDICINAL BENEFITS OF CRANBERRY EXTRACT?

Cranberry is best known for preventing urinary tract infections (UTIs), commonly caused by bacteria known as *Escherichia coli* (E. coli). At first doctors thought cranberry worked by making urine acidic enough to kill the bacteria.

### 6 CRANBERRY BENEFITS

1. Urinary tract health. Cranberries contain proanthocyanins.
2. Antioxidant effect.
3. Improved cholesterol.
4. Fewer tooth cavities.
5. Fights cold and flu
6. Cranberry is very low in calories and can be beneficial for weight loss





## BENEFITS: MACA ROOT

WHAT ARE THE MEDICINAL BENEFITS OF MACA ROOT?

Maca is a Peruvian plant that may have various health benefits, such as boosting libido, increasing energy, and improving mood. It may also help manage menopause symptoms and blood pressure.

# PERSONAL PATIENT STUDIES

PATIENT 1:  
AFRICAN AMERICAN  
FEMALE WITH DIGESTIVE  
TRACT ISSUES



PATIENT 2:  
AFRICAN AMERICAN  
MALE WITH JOINT  
PAIN AND LOW  
ENERGY





# 30 DAY ALIVE CHALLENGE

## ALOE VERA LEAF GEL

Soothes the digestive tract



## SPIRULINA

Contains powerful antioxidant properties



## CINNAMON BARK EXTRACT

Serves to reduce inflammation



## RASPBERRY KETONE

May increase metabolism



## GREEN TEA EXTRACT

Promotes weight loss



## GINGER ROOT

Supports normal Digestion



## VITAMIN B12

Helps keep blood cells healthy



## CRANBERRY EXTRACT

May boost immunity and lower blood sugar



## MACA ROOT

Enhances Libido and Sexual Health

